

Brittany Plein Air for Artist Gourmets

Art and Gastronomy Workshop
Dinan, France
3rd – 12th May, 2010

Where - North Brittany

Imagine undulating fields of young green crops punctuated by church steeples and wooded hedges stretching to the distant drama of rocky cliffs. Emerald seas heave in fullness or retreat on long low tide reaches to reveal acres of oyster and mussel beds. Timber-framed houses and cobble streets beckon to medieval memories in nearby Dinan. A little further afield, Mont Saint Michel dominates the wide-flung bay in an ever-changing drama of storms and sunlight.





Set in this beautiful Côte d'Émeraude coastal countryside stands [Le Clos Saint Cadreuc](#), a 1633 farmhouse with two "longères", long elegant grey stone buildings typical of North Brittany. Brigitte and Patrick Noël are the hosts of this beautifully appointed bed and breakfast establishment. Spacious rooms, tastefully decorated and comfortably appointed, look across a garden to the main hall, where delicious meals are served to celebrate seafood, flavourful local produce and organic wines. Highly recommended by many guidebooks, including Britain's travel "bible", Alastair Sawday's, Le Clos Saint Cadreuc will be the home base for this plein air painting and French gastronomy 10-day celebration.



What

1) The Art

No matter what your medium, plein air painting is a terrific way to improve as an artist. Faced with a complex scene and changing light, you are forced to work quickly and decisively, making you a more accurate and observant artist. Not only will you remember the place more vividly after painting or drawing it, but you will have had an exhilarating time improving your skills.

By working plein air each day, you will find that you strengthen your sense of composition and colour to produce better art. The plein air time will be complemented with critique sessions. These will equip you with tools better to assess your own future work, a key step to continued successful artistic growth.

This painting holiday is for serious artists at every level of experience, from beginner to professional, using the medium of your choice. The goal is to have a memorable, exciting experience in an area of great beauty, history and diversity.

Artist [Jeannine Cook](#) will lead the group. She herself spent six weeks working plein air in this area of Brittany in late 2008 as a result of being awarded an Artist Residency from Les Amis de la Grande Vigne Foundation in Dinan, Brittany.

2) The Cuisine

Your hosts, Brigitte and Patrick Noël, are not only the owners of the delightful Clos Saint Cadreuc bed and breakfast, but they are also expert gastronomical ambassadors for Brittany and beyond. Brigitte's gourmet three-course dinners will be the culmination of each day's art activities, introducing you to a diverse French cuisine, with wonderful seafood and local produce. Patrick's knowledge of organic wines will ensure the perfect complement to each meal. Generous breakfasts and picnic lunches will also be served.



l. to r. Jeannine Cook, Patrick Noël and his wife, Brigitte

Programme

An early start to the day will allow us to catch the light for painting. Patrick, himself a talented watercolourist, knows the beautiful places within easy distance where we will work, including public or private gardens of note in the area. A picnic lunch will provide a break before more painting.

The evening's meal will be in Saint Cadreuc's beautiful old "longère" hall. Delectable food, wine, laughter and artist camaraderie will be the hallmarks of each day's close.

Accommodation There are a total of five rooms available.

Le Clos Saint Cadreuc can accommodate up to 10 people for this workshop. Non-painting partners are welcome. Details of the rooms can be seen on the website, <http://www.clos-saint-cadreuc.com>.

Group Leader

[Jeannine Cook](#) has had long experience working plein air, both alone through Artist-in-Residence awards or with other artists. Fluent in French and Spanish, she has worked both formally and informally with many artists to further their development. Based in Georgia, USA, and Spain, she exhibits widely in the US and has work in many public and corporate collections in Europe and America.



Application Form - Brittany Plein Air for Artist Gourmets

Name

Address

.....

Telephone – home..... Cell

work

E-mail

Course Dates 3rd May – 12th May, 2010

Single Room () Double Room ()

Roommate preference

Will you be bringing a non-painting partner?

Their name Their interests

[] Deposit of \$500 per person enclosed

Make your cheque payable to : Jeannine Cook (with France in the memo space) and mail to : Jeannine Cook,
1505 Cedar Point Road SE
Townsend, Georgia 31331

The balance will be payable 60 days before the workshop

Name of contact person in case of emergency

Telephone – home..... cell

work e-mail

Responsibility : Jeannine Cook, Brigitte and Patrick Noël and/or their agents provide services and can not be responsible in part or in whole for any delays, missed carrier connections, delayed departures or arrivals, error or omissions, accident irregularities, faults, loss, damage or injury to persons, or property or negligence of any cause. They reserve the right to alter arrangements or itinerary if necessary, and to cancel workshop if enrollment is insufficient to cover costs. By purchasing this workshop, the participant acknowledges and accepts these conditions.